A Theory of Fast Turns in Automobile Road Racing

Definitions

Fast turn: A turn for which one you as the driver would not lift. A clean example of a fast turn can be seen at 1:27 here

Medium turn: One for which you would lift and perhaps brake lightly to moderately **Slow turn**: One for which you would brake hard and deep into, perhaps $\frac{1}{3}$ - $\frac{1}{2}$ way. A clean example of a slow turn can be seen at 0:24 here

The Theory of Fast Turns



1a. It'll stick

1b. Never hurts to pray

